

# PLAYER

## Program Development Plan 2026

	Phase	Dates	Focus
OFF-SEASON	Base	Apr 1 – Apr 4	Individual goal setting ( <b>upon conclusion of postseason</b> ), academic review, development plans
	Cycle 1	Apr 5 - May 2	<b>Skill plans begin</b> , baseline testing, film study, progress tracking
	Cycle 2	May 3 - May 23	<b>Position skill work</b> , film study, academic monitoring
	Assessment 1	May 24 - May 30	<b>Skill testing</b> , progress review, academic eligibility check
	Cycle 3	May 31 - Jun 27	Summer development, <b>role-specific skills</b> , film breakdown
	Cycle 4	Jun 28 - July 25	<b>Game-speed skill work</b> , scrimmage evaluation, progress tracking
	Assessment 2	July 26 - Aug 1	<b>Skill reassessment</b> , role evaluation, academic review
PRE-SEASON	Cycle 5	Aug 2 - Sept 5	<b>Skill refinement</b> , role competition, academic monitoring
	Cycle 6	Sept 6 - Oct 17	Skill maintenance, <b>film study</b> , role clarity
	Assessment 3	Oct 18 - Oct 24	<b>Preseason evaluation</b> , role readiness, progress review
IN-SEASON	Cycle 7	Oct 25 - Nov 28	Skill maintenance, <b>film review</b> , performance tracking
	Cycle 8	Nov 29 - Dec 26	<b>Skill adjustments</b> , role refinement, academic support
	Assessment 4	Dec 27 - Jan 2	<b>Mid-season evaluation</b> , progress review, goal reset
	Cycle 9	Jan 3 - Feb 20	Conference development, <b>role execution</b> , performance tracking
POST-SEASON	Cycle 10	Feb 21 - Mar 20	<b>Peak performance</b> , role execution, confidence building
	Transition	Mar 21 - Mar 31	Year-end evaluations ( <b>upon conclusion of postseason</b> ), development plans, goal setting