

TEAM

Program Development Plan 2026

	Phase	Dates	Focus
OFF-SEASON	Base	Apr 1 – Apr 4	Recovery (upon conclusion of postseason), exit meetings, culture reset, team goal setting
	Cycle 1	Apr 5 - May 2	Limited workouts, terminology install , spacing principles, leadership development
	Cycle 2	May 3 - May 23	Base offense install , defensive principles, culture standards, competitive drills
	Assessment 1	May 24 - May 30	Install retention review , chemistry evaluation, teaching adjustments
	Cycle 3	May 31 - Jun 27	Summer workouts begin, system install , leadership development
	Cycle 4	Jun 28 - July 25	Controlled scrimmages , situational basketball, communication development
	Assessment 2	July 26 - Aug 1	Scrimmage evaluation , role development, chemistry review
PRE-SEASON	Cycle 5	Aug 2 - Sept 5	Conditioning ramp-up, role competition , leadership development
	Cycle 6	Sept 6 - Oct 17	Official practices, full system install , rotation development
	Assessment 3	Oct 18 - Oct 24	Scrimmage evaluation , role clarity, readiness review
IN-SEASON	Cycle 7	Oct 25 - Nov 28	Non-conference play, identity development , game-plan execution
	Cycle 8	Nov 29 - Dec 26	System adjustments, role refinement , chemistry management
	Assessment 4	Dec 27 - Jan 2	Mid-season evaluation , system adjustments, chemistry check
	Cycle 9	Jan 3 - Feb 20	Conference play, advanced scouting , playoff mentality
POST-SEASON	Cycle 10	Feb 21 - Mar 20	Tournament preparation , peak execution, pressure situations
	Transition	Mar 21 - Mar 31	Season review (upon conclusion of postseason), leadership transition